

A few words from the Principal.....Zlatko Pear

Issue 4: 24th March 2023

Calendar

March

27&28 Year 7 and Year 10 Immunisations

27 OE Huts Hike

29 School Council Meeting 5.30pm

30 O&M 9-12 Sport

April

4 O&M 7-8 Sport

6 Last Day of Term 1
Note: 2.30pm Finish

24 Term 2 Starts

25 ANZAC Day- No School

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College Council Representation

Elections for Parent Representatives on College Council concluded last week. I would like to thank Ren Thoenes, Deanne Gasperotti and Marg Phillips who renominated for another term. I would also like to welcome Kirsty Branagan who is a first time Council Representative. There is still one vacant parent position. Please contact me at the College if you are interested in becoming a Parent Representative or have any questions regarding the role. I would like to acknowledge the work of our out-going President, Linda Lewis. Linda has been a Parent Representative on College Council for five years. She was also the Council President for the last four years. I would like to thank Linda for her work and her support during her tenure as President. The next Council meeting will be at 5:30 on Wednesday 29th March. Office bearers for 2023 will be elected at this meeting. A report will be included in the next newsletter.

End of Term

Thursday 6th April will be the last day of term. Classes will finish at 2:30pm on that day. Classes for Term Two will resume on Monday 24th April. This means students will be at school for one day before the ANZAC Day Public Holiday on Tuesday 25th April.

Building works update

The building works are progressing at an impressive rate. The landscape is changing daily. All three sites have been marked and levelled and foundations are being laid. We will keep you updated with progressive photos each newsletter.



Admin Site



Prep-2 Site

Around the College...

Professional Development with Lyn Stone



On Monday, staff from across our network came together to engage in professional learning. We hosted 60 attendees from across 14 schools and organisations including teachers, support staff, school leaders and speech pathologists. We were so fortunate to learn from Lyn Stone, an educational linguist with phenomenal knowledge regarding how words are formed, as well as, how to use evidence-based practices to teach this to others. Lyn holds international acclaim and is sought by many educational institutions across the world. We found the experience affirming in our Structured Literacy approach to Reading and Writing and feel challenged to develop and tweak classroom practice further to ensure that all of our students have the best possible opportunity to learn to read and write successfully.

Ladeane Lindsay



From the Trade Training Centre...

The Vocational Major students in Personal Development Skills have been working on a pay-it-forward project. Will, Alessi and I (Georgia) have designed and fabricated a skipping rope storage rack for the PE/Sports shed. We also designed and built a stand for a flipbook to help Trish and Lisa in assisting Meg.



Around the College...

Marian-Myrtleford Interschool Debate Competition



On Tuesday, 14th March, 20 students from Years 7-10 volunteered to participate in the first round of the Alpine Regional Debating Competition. The event was run by Debater's Association Victoria in conjunction with Marian College.

Students were required to prepare for two rounds of debating, with topics such as 'Smoking and vaping should be banned in public places' and 'Extracurricular activities should be compulsory'. Students participated in a training day to learn the foundation skills required and used many lunchtimes in the leadup to plan and prepare their arguments.

The feedback from the day was fantastic. All students indicated that they enjoyed the day, and the general vibe from students was electric in the lead up. They particularly enjoyed the 'secret round', where they only had a short period of time to prepare their arguments before competing against another team.

The adjudicators gave positive feedback to all students involved, and it was great to observe the next generation of debaters developing their skills and working well as part of their small teams.



Many thanks to Marian College and the Debater's Association Victoria for making the day possible.

Mr Harbison



CANTEEN DAYS

OPEN
MON, THURS, FRI
CLOSED
TUES, WED

Students will need to bring their own lunches on the days the canteen is closed.

BREAKFAST CLUB

Tuesday Toasties
In the SLA at recess time
Thursday and Friday
In the canteen at 8.30

ALL WELCOME!



Regional Swimming...



Top results...
 Louis Sanderson came second in the 12 year old 50m Butterfly.
 Eden Magyar came 3rd in the 11 year old 50m Breaststroke.

Around the College...



Music Lessons Available!

A new music teacher is accepting new students and is able to run lessons at the College.

Rudi Katterl is able to teach guitar, bass and ukulele. He also offers lessons for drums and beginner piano.

Registration/Enquiry Forms are available from the College Office.

Be Respectful – Be Responsible – Be a Responsible Community Member – Be Safe

Green Card Winners
Term 1 Week 7

Prepared and ready to participate
 Keeping my learning space tidy
 Focussing on my own work
 Arriving and leaving quietly and safely
 Showing kindness to others

Hudson Saunders
 Holly Dwyer
 Liliana Turner-Spessot
 Jagger Fa'Oliu
 Cooper Lee
 Alice Branagan
 Charles Teakel
 Xavier Woodhead
 Lakota Curran
 Olivia Brown
 Deagan Ramia-Majors (Absent)

Following teacher directions
 Wearing my uniform proudly
 Using respectful language
 Trying my hardest

Congratulations!!

FUTURE MAKERS EXTENSION PROGRAM

'A cultural learning experience of a lifetime'

Last year, our Year 9 students spent two weeks learning at the Outdoor School in 15 Mile Creek – as part of their social and emotional learning journey – building resilience and fostering life long friendships. We are so excited that a number of these students, currently in Year 10, have chosen to take part in the Outdoor School's extension programs – which will be a cultural learning experience of a lifetime!

Teagan Brown plans to embark on an exciting educational learning adventure in the form of a eighteen day extension program at JARLMADANGAH BURRU ABORIGINAL COMMUNITY.

As well as having the opportunity to go 'bush' and experience the history and culture tied to living on the land, Teagan will be immersed in the daily workings of this remote Indigenous community in the Kimberley region of Western Australia.

Zali Feltrin and Meah Richardson will take part in the CEDA (Cultural, Environment, Development & Adventure) Nepal program, which provides students with a rounded experience in a developing country with some of the most spectacular mountain scenery in the world.

The four aspects of the program that are addressed are:

- Cultural – students experience world heritage listed cultural sites both within the cities and countryside of Nepal.
- Environment – students will address the competing environmental issues in some of the most spectacular locations in the world.
- Development – students will have the opportunity to contribute to a local Nepalese development project and make a real difference to a community and its people.
- Adventure – students will be a part of a multi-day trek, camping in tents and exploring the local environment in the Solo Khumbu region of Nepal. This area will enable students to access the Himalayan mountain range.

We wish these students all the best in the planning and funding of these adventures! Keep an eye out for any fundraising initiatives that they may have in the pipeline to enable them to take part and 'give back' to the communities they are visiting.

Kate Sanderson (Coordinator)



As a part of the Year 9 and 10 Active Living subject, students have been creating and implementing activities at lunchtime to support kids being active. The students have studied a range of different techniques throughout the term which support students in being more active day to day. Pictured here is the Grade 3 and 4 students enjoying a lunchtime game of dodgeball, ran by our Year 9 and 10 students.

Jake Sharp



Year 9/10 Active Living Class

AT THE MYRTLEFORD LODGE...with Adolescent Health Nurse Rosemary

We were back at the Lodge this week and we had an amazing visit with Grade 2 on Thursday 9th March.

Grade 2 have been looking at the impact of changing technology on people's lives (at home and in the ways they worked, travelled, communicated, and played in the past) and differences and similarities between students' daily lives and their grandparent's childhoods.

We thought it would be beneficial for the students to interview some of the residents at the lodge about the toys they played with and the things they enjoyed in their childhood.

Faye got out her precious typewriter and let the students have a go! Very special!

There was lots of good conversation all around the room and beautiful feedback from the students regarding the visit. It was so heart warming.

Rosemary Bunge



My favourite part of the lodge visit was....

Hudson - When I was talking to the residents and when I was shown the type writer.

Jaxsen - Talking to the lady and asking her questions

Jacob - When we did exercises with the residents

Liliana - I love being kind to them and saying they are beautiful!

Aden - I loved meeting residents

Loby - I loved looking at the old pictures of old bikes + yo-yo's

Steven - I liked meeting and talking to the man named Steven.

Charlii - Seeing where mum works and meeting the residents.

Zarah - When I talked to -Dianne- Doreen because she was nice and I understood her.

Grisham - I liked asking them questions. Some of them were grandparents

Julian - I liked the lady that had the blue jacket on because she was kind

Tyson - I liked listening to them talk

Liz - I liked shaking their hands. Some were soft, cold and warm.

AT THE MYRTLEFORD LODGE...with Adolescent Health Nurse Rosemary



Year 2 classes at the Lodge...precious moments!

Around the College...



Tuesday 21st March 2023

Dear Parents,

Ride2School Day is on Friday 24th March 2023

Myrtleford P12 is encouraging students to take part in Ride2School Day this year. Ride2School aims to help students develop a healthier lifestyle.

The problem

Over the past 40 years the number of children who are physically active everyday has significantly dropped. In the 1970s, 8/10 out of ten students rode or walked to school but today this number has dropped to just 2 out of 10.

The solution

Students are encouraged to walk to school, contribute to their own physical activity level of 60 minutes per day. They are also encouraged to ride to school to help to help compensate for those who are those who cannot ride to school.

We encourage you to help your child participate in this day using one of the following ways:

1. Support your child to ride their bike/scooter/walk to school on Friday
2. Drop your child off at one of the Ride2School Zones (see below) at 8:30am

Heading in from Ovens end (East)

Meet Mr Lindsay at the Historic Gold Stamper at the bottom of Reform Hill Walking Track (opposite Dahlsen's Mitre 10) where they will ride as a group along Elgin Street and O'Donnell Avenue to school.

Heading in from Wangaratta end (West)

Meet Mrs McIntyre at Rotary Park (near the Historic Tobacco Kiln) to ride along the Rail Trail and then up Prince Street to school

We hope that your child can participate in Ride2School this year

Please contact me if you have any questions

Kind regards,

Mr Adam Lindsay



Facts about students, health & active travel

Today the levels of physical activity are significantly low when compared with statistics 40 years ago. The Ride2School Team are working to reverse this trend. This infographic is designed to show the benefits of increased physical activity with students and the school community.



In the 1970s **8 out of 10** students rode or walked to school. Today there are only **2 out of 10**



Activity trend
Over the past 40 years the number of children who are physically active everyday has significantly dropped.



Physical activity
is ranked second to tobacco control as the most important factor in disease prevention in Australia



60 minutes
is the minimum daily requirement for physical activity for children under 18



Students who actively travel arrive awake and alert, improving their concentration in class and ability to **understand the curriculum**



Active Transport
can reduce congestion and parking problems, leading to healthier local environments and communities.



Schools that participate in the Ride2School program achieve an average of **5 in 10** students who actively travel to school.



Getting children out of cars and into active transport is believed to be the most effective way to **improve levels of physical activity**



Physically active
students are healthier, happier and more socially connected

<https://bicyclenetwork.com.au/rides-and-events/ride2school/ride2school-day/>

Parents Club Easter Raffle

Hi Myrtleford P12 College families,

The Parents Club will be running our annual Easter Raffle again this year. This is one of our big fundraisers for the year and we appreciate all your support. There are two ways you can contribute: first by donating Easter eggs, bunnies or Easter activity books; then by selling/buying raffle tickets.

Please bring all donations to the school office by Friday 31st March.

Raffle tickets cost \$2 each or 3 for \$5 and a book of 20 (or a printed sheet) has been sent home with the youngest child. If you need more tickets, please let us know. Some spares will be held at the office. The raffle will be **drawn on Tuesday 4th April.**

Many thanks
Parents Club
mp12parentsclub@gmail.com



HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge



I'm at Myrtleford P12 College on Tuesdays and Thursdays
I can be contacted by email Rosemary.Bunge@education.vic.gov.au or on 0438 710 584.

Immunisations Year 10, March 27th -Year 7, March 28th

Some vaccines are routinely provided free of charge to all Victorian secondary school students.

Students in Year 7 receive the Human Papillomavirus (HPV) vaccine (1 dose) and the Diphtheria, Tetanus and Pertussis (Whooping Cough) combined vaccine (1 dose).

Students in Year 10 receive the Meningococcal ACWY vaccine (1 dose).

Keep an eye out for your child's consent card which you must return to the school providing or declining your consent for your child to be immunised. I have handed out the consent cards when I spoke to the students about immunisation last week.

All cards need to be signed and returned even if your student is not being immunised.

Year 7 - 2 injections to prevent the following

HPV – Human Papillomavirus Please see notes at end of this article.

- *Very common virus in men and women*
- *Most of these infections cause no symptoms*
- *Many different types of HPV*
- *Some can cause cancers in both men and women*
- *The vaccination covers seven HPV types which cause over 90% of HPV related cancers in both women and men*

Combined – Diphtheria/Tetanus/Whooping Cough

- **Diphtheria**
Caused by a bacterium found in mouth, throat and nose
Produces a poison which can cause serious health complications
- **Tetanus**
Caused by a bacterium which are present in the soil, dust or manure
It can enter the body via a wound, it's often fatal. It is rare in Australia due to the effective vaccine program.
- **Whooping Cough**
Highly contagious disease, causing severe coughing spasms '100-day cough'
Can cause death in the very young and elderly

Year 10 – 1 injection to prevent the following

Meningococcal ACWY

- Meningococcal disease is a rare but serious disease that can quickly become life-threatening, but you can be protected through vaccination.
- Meningococcal disease occurs when meningococcal bacteria pass from one person to another through close contact. The meningococcal bacteria are commonly found in the nose and throat of healthy people. Older teenagers and young adults are most likely to carry the bacteria and spread it to others through deep kissing.
- Although most people will recover, meningococcal disease can cause complications including permanent disabilities through loss of limbs, deafness, blindness, scarring, organ failure and sometimes even death.

HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge**What to do on the day? Monday March 27th and Tuesday March 28th**

- Eat breakfast.
- Drink lots of water
- Wear short sleeves
- If you're nervous, go first. Also let the nurse know
- Try and relax your arms and shoulders, best to wiggle your toes
- Tell the nurse if you are unwell on the day

Catch up- if your student misses out on the day, catch up can be done at a council session. For more information contact me at the school or call the Alpine Shire.

New information re Human papillomavirus (HPV) vaccine information for parents/guardians
From 6 February 2023, the routine two dose HPV vaccine schedule provided to young people aged 12-13 years through the National Immunisation Program (NIP) has become a single dose schedule using the same Gardasil®9 vaccine. The schedule **has not changed for immunocompromised people.** A 3-dose schedule of HPV vaccine is recommended for people with severely immunocompromising conditions, regardless of their age when they started vaccination.

What is the HPV vaccine?

The Gardasil®9 vaccine protects against HPV infection, which is a common viral infection, usually affecting the genitals and spread through sexual contact. The vaccine is most effective when given before exposure to the virus, that is before a person becomes sexually active. More information about HPV and the HPV vaccine can be found [on the Better Health Channel](#).

<https://www.betterhealth.vic.gov.au/health/healthyliving/human-papillomavirus-hpv-immunisation>

Why was this change made?

The change is based on advice from the Australian Technical Advisory Group on Immunisation (ATAGI), who have considered and reviewed the latest international clinical evidence. ATAGI support the large volume of clinical findings that a single dose of HPV vaccine provides about the same protection as two doses of HPV vaccine.

Further information

Better Health Channel <https://www.betterhealth.vic.gov.au/health/healthyliving/human-papillomavirus-hpv-immunisation>

Holidays are fast approaching so once again I am offering breakfast boxes to families to keep enjoying our breakfast program at home during the holidays. Please contact me on

Rosemary.Bunge@education.vic.gov.au if your family would like to take part.

Quote for the week: "Being healthy is a success that many people forget to celebrate."

Library News

Things are getting wild in the Library!
The Premier's Reading Challenge has started, and this year's theme is "Wild About Reading".



Victorian Premier's Reading Challenge

The Victorian Premier's Reading Challenge is now open and Myrtleford P12 College is excited to be participating. The PRC application offers a range of exciting features including:

- access to a library catalogue (including book images and blurbs)
 - a modern user-friendly interface
 - rewarding students with badges as challenge milestones are achieved
- the option for students to mark books as a favourite, give them a star rating or complete a book review

The Challenge is open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development. It is not a competition; but a personal challenge for children to read a set number of books by 8 September 2023.

Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers. Children from Year 3 to Year 10 are challenged to read 15 books.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premier's Reading Challenge, visit: <https://www.vic.gov.au/premiers-reading-challenge>

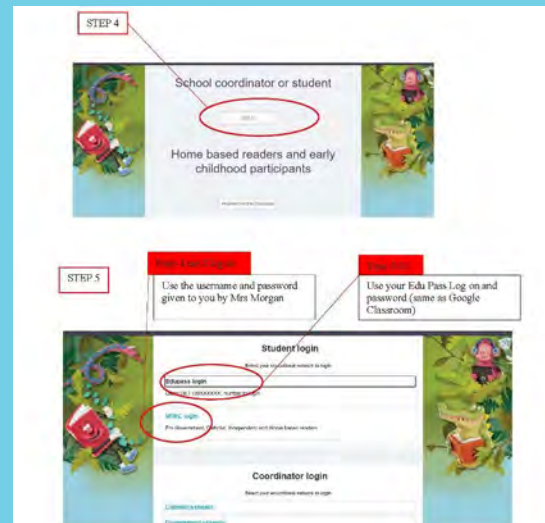
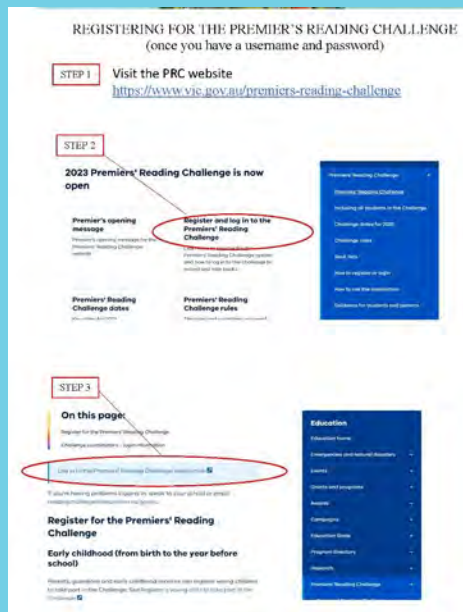
Prep-Year 2 classes are completing the Challenge as a whole class, but if any students would like to add to their Challenge total, including books they have read, shared or listened to at home, please send me an email and I will generate a username and password for parents to assist their children to continue the Challenge beyond the classroom.

kathleen.morgan@education.vic.gov.au

Students in Years 3-6 who wish to participate in the Challenge can use their Edu Pass username and password (same one used for the Google classroom). Students can ask their teacher for their log in details if they have forgotten.

Let's get 'Wild About Reading' together!

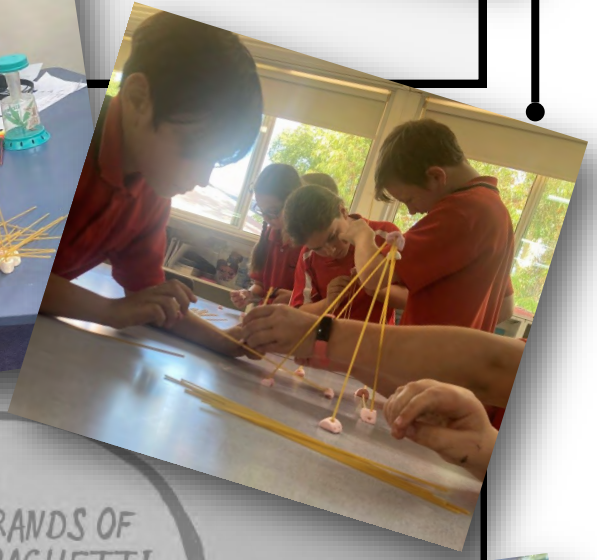
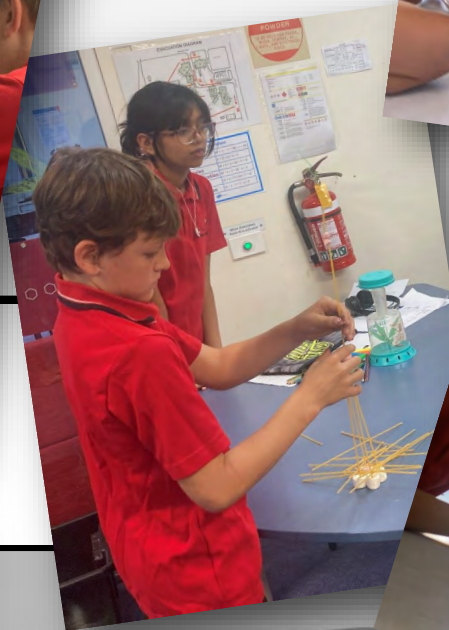
Mrs Morgan



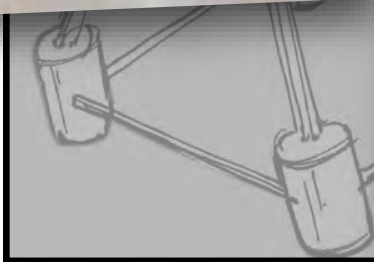
STEM activity in 5B

Last Thursday in 5B, we had a team challenge to see who could build the highest tower with 20 x pieces of pasta and 5 x marshmallows. The winners were Louise Benci and Elli Lamperd. Their tower reached a height of 47cm.

Ms Beer



MARSHMALLOW
TWO STRANDS OF SPAGHETTI FOR EXTRA STRENGTH



STEM in Year 9/10

The Year 9 and 10 STEM class have recently begun a unit of robotics. We are very lucky to be able to borrow a class set of VEX IQ robotics kits from Charles Sturt University and the Digital Technology Access Centre (DTAC), based in Wangaratta.

In order to familiarise ourselves with these kits (and their many, many small pieces) students were tasked with first building a motorised table, capable of simulating an earthquake. They then needed to use their kits to produce a tower with four sides and a height of at least 50cm. Groups then competed amongst each other to see whose tower could withstand the longest earthquake. Well done to Loki, Aaron and Caleb whose tower lasted almost 40 seconds!
Ms Vlahandreas



Year 12 Biology

Year 12 Biology students have been studying various techniques for working with and manipulating DNA. Over the past week, students modelled the process required to make a Hepatitis B vaccine. We used the bacteria, *E. coli* to produce our vaccine.

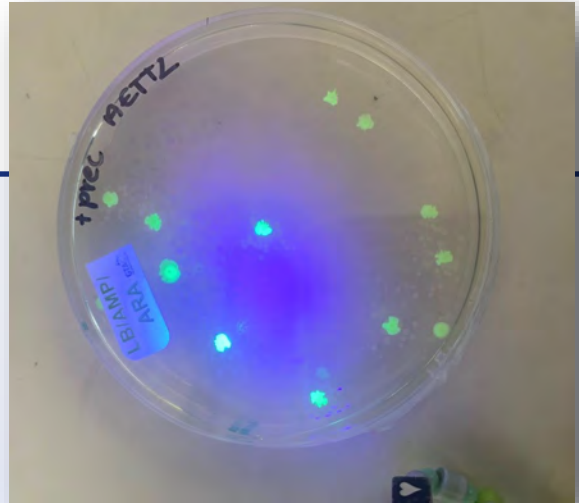
First, the gene capable of making the Hepatitis B surface protein was inserted onto a bacterial plasmid. A plasmid is a small piece of circular DNA which can be used to carry DNA into different organisms.

Next, the *E. coli* underwent a "heat shock" to encourage the bacteria to take in the plasmid. We then let the bacteria recover for 24 hours.

Finally, we grew our *E. coli* on agar plates to see whether they had successfully taken up the plasmid and started to make our vaccine. We know that the bacteria is making the vaccine when it glows fluorescent green under UV light. This is because we also inserted a special gene from a fluorescent jelly fish next to our target gene. Bacteria that have not taken up the plasmid, do not glow green.

Check out our results!

Ms Vlahandreas



Talking About Careers ...with Danielle Caponecchia

Careers Newsletter

The Careers newsletter is jam packed full of the latest careers news from around the state. It has updates from universities and other institutions. Scholarship, job vacancies, career pathway information and so much more.

I encourage both students and parents to take the time to read this. To access the newsletter go to <https://myrtlefordp12careers.com/> or type in myrtlefordp12careers.com

Click on the Careers Newsletter in the drop down box under the 'IMPORTANT INFO' tab on the top row From there you will see the latest newsletters from the past 6 weeks. Click on the top one for the most recent.

Newsletters will go onto the portal every fortnight on Wednesdays.

Please feel free to contact me with any queries or questions.



On Friday, I accompanied Harlan Mirt, Oliver Bedendo and Bryce Peacock to an ADF Expo held in Albury. The boys heard from different officers from the Army, Navy and Airforce and the roles they played in their respective areas. They experienced what it was like to fly helicopters and planes via the VR set-up that was on display. Oliver also experienced a real life fire scenario with VR. They heard from medics, ammunition experts, mechanics, fire fighters, pilots, truck drivers and also learnt about the different pathways the ADF can offer.



Danielle Caponecchia



Oliver using VR to extinguish a fire



The boys listening to Petty Officer Corina about her life in the army as a Truck Driver

Sport in the Community...




REGISTRATIONS OPEN SOON

MYRTLEFORD JUNIOR NETBALL
NETSETGO
5-8 YEAR OLDS

Netball's official starter program!
Wednesday afternoons at RC McNamara Reserve.
Keep an eye on our Facebook page 'Myrtleford Netball Club' for details.

MYRTLEFORD AND DISTRICT
VOLLEYBALL ASSOCIATION

VOLLEYBALL EXPRESSIONS OF INTEREST



**IF YOU ARE INTERESTED IN PLAYING
COMMUNITY VOLLEYBALL ON
WEDNESDAY NIGHTS (MAY-
SEPTEMBER), SEE THE DETAILS BELOW!
PLAYERS FROM 12+ ARE WELCOME**

Please contact Keira Schaefer
(kschaefer445@gmail.com) to express your
interest in joining the MDVA 2023 season




JUNIOR NETBALL

Fun Night

For girls & boys aged 5 to 14 years

WEDNESDAY 29 MARCH
4:30-5:30PM
RC MCNAMARA RESERVE
**SKILLS, DRILLS & FUN
SAUSAGE SIZZLE**



MYRTLEFORD
Netball Club

NO COST



Expressions of interest will also be open for coaches, umpires & team managers. You can also find out about the Get Active Kids Voucher Program & get help to register your child for the upcoming junior netball season which commences on Wednesday 26 April.

All enquiries to myrtnetball@gmail.com



2023 Myrtleford Junior Football Club Season Registrations are OPEN!

New, current and old players are welcome to join.
Under 12s (Players age 1/1/2011 to 31/12/2012) All
Genders Under 14s (Players age 1/1/2009 to
31/12/2010) All Genders Under 17s (Players age
1/1/2006 to 31/12/2008) Click on the link below to register.

<https://www.playhq.com/afl/register/634351>

All New members (Never played for the MJFC) will receive a FREE Club polo.
Please email your name and size to myrtlefordjuniorfootball@gmail.com

Players are required to purchase their own playing boots, shorts and socks,
available from Sports First Myrtleford and a Mouth Guard. Playing Tops will be
supplied by the club.

Once registered, please download the App – “Stack Team App” and request to
Join “Myrtleford Junior Football”.

This is where updates will be given to parents throughout the season.

For more information, please call Rory on 0408574337

Go Saints 



IGNITE A PASSION FOR THE GAME!

Myrtleford Auskick Centre

Memorial Oval

Saturday Mornings From 22nd April 9am to 10:15

Coordinator
Steven McLean Ph- 0400400374

play.afl/auskick

Sport in the Community...



Myrtleford Savoy Soccer Club

8 Mar. at 23:24 · 🌐

MINIROOS REGISTRATIONS ARE NOW OPEN

New Day

New Time

New Coaches

Saturday Mornings - 9am -10am

Venue: Savoy Park

Starting April 15th



Coaches
Anthony Zanghellini
Nathan Mirt
Jayden Vescio
Carlo Gios

"9 week program"
Miniroos kit included with registration



Miniroos Co-ordinator:

Anthony Zanghellini
0439 952 998

Register at www.playfootball.com.au

In the community

GOOD FRIDAY APPEAL 2023

FRIDAY APRIL 7th 2023

We are again asking for volunteers for this special day. Children under 12yrs must be accompanied with an adult and everyone who is participating must sign in at the Myrtleford Fire Station from 8.15am for a 9.00am start.



****CHILDREN UNDER 12 YEARS MUST BE ACCOMPANIED BY AN ADULT AT ALL TIMES. THEY MUST BE BEHIND CFA TRUCKS AT ALL TIMES WHEN COLLECTING MONEY****

PLEASE HELP TO HELP OTHERS



MYRTLEFORD JUNIOR NETBALL REGISTRATIONS OPEN

JUNIOR COMPETITION
TEEN COMPETITION

Wednesday afternoon outdoor junior competition open to grade 4 and above. New registration system via Netball Connect.



MYRTLEFORD NETBALL CLUB REGISTRATIONS OPEN SOON SENIOR COMPETITION

Tuesday evening senior competition at Myrtleford Indoor Sports Stadium. Team & individual registrations welcome. Keep an eye on our Facebook page 'Myrtleford Netball Club' for details.



In the community



Friends of Lacluta Fundraiser Evening

Saturday, March 25th 2023
Smorgasbord Dinner

\$50 p/p
(Buy your own drinks)

6 pm for a 6:30 pm start

Bookings essential:
Club Savoy (03) 57511296

Club Savoy Myrtleford

Guest Speaker: Margie Beck AM.
Former Deputy Director Marist Teachers' College, Timor Leste

Auctions: Local experiences, services, wines and accommodation
Mega Raffle

Funds will support education and health programs in Timor Leste




PREVENT
Alcohol and Risk-Related Trauma in Youth

Information - The P.A.R.T.Y. On Program

Do you have a young person in your life aged between 18 and 24?
Would they benefit from more knowledge of the potential consequences of taking risks?
Do they have the perception that "it won't happen to me"?

The Alfred's P.A.R.T.Y. (Prevent Alcohol and Risk-Related Trauma in Youth) program are presenting an event on **Thursday the 30th of March, 2023** so that older youth and their families and friends can be better informed about the consequences risk-taking.

The **2.5 hour program** will run from **5pm to 7.30pm** with a combination of video, demonstrations and live presentations with Alfred Health clinicians and a past Alfred trauma patient. The program covers information from pre-hospital to rehabilitation focusing on the care a trauma patient may go through. It provides real information about traumatic injury through the lived experience of others.

The event will be held at **The Betty & John Laidlaw AO Alfred Innovation & Education Hub**, located at the **Alfred precinct at 75 Commercial Road, Melbourne**.

Tickets costs are:


- \$30.00 per person
- \$25.00 per ticket for student/concession or for 3 or more tickets

Light refreshments will be provided.

The event will be run in accordance to COVID-19 safety precautions and will be rescheduled should there be a changed response to COVID risk.

Please note, numbers are strictly limited.

For further information, please contact:
The P.A.R.T.Y. Program at The Alfred team at info@partyalfred.org.au or see the frequently asked questions: partyalfred.org



ST MARY'S

Parish of Myrtleford
with St Patrick's Church, Whorouly

27 Lawrence St (P.O. Box 27) Myrtleford Vic 3727 Tel: 03 57520 005 Fax: 03 57520 013 Email: stmarysmg@myrtleford.catholic.edu.au



St Mary's Parish Sacramental Program 2023

2023 Sacramental Program

Sacrament of Reconciliation (Year 3 and above)

Parent Information Evening **Wednesday April 26th at 6.30pm in the McMahon Centre, St Mary's Primary School, Myrtleford.**

Reconciliation Liturgy **Tuesday May 23rd at 6.30pm St Mary's Church**

Sacraments of Confirmation & Eucharist (Year 4 and above)

Parent Information Evening: **Tuesday 25th of July at 6.30pm in the McMahon Centre, St Mary's Primary School, Myrtleford.**

Confirmation and Eucharist Masses
Saturday September 9th at 6pm
Or Sunday September 10th at 9am

All information evenings will be held in **The McMahon Centre, St Mary's Primary School at 6.30pm on the above dates.** It is important that you and your child come to this meeting. Fr Tony Shallue will give an overview of the Sacrament your child/ren will be preparing to receive. Dates and other information will be provided and cluster groups will be organised at this meeting.

Please contact **Jo Bennett** at **St Mary's Primary School** to register your interest in being part of the Sacramental Program for 2023 (Reconciliation or Confirmation and Eucharist).

Jo Bennett
jbennett@smyrtleford.catholic.edu.au
Catholic Identity Leader, St Mary's Primary School

O'Brien Real Estate

JOYCE

-COMMUNITY EASTER EGG HUNT-

Thursday 6 April

4:00pm-7:00pm (hunt will begin at 6:00pm)

HP Barr Reserve Oval 2

This is a fundraising community event (gold coin entry per person). All money raised will go directly to North East Health Wangaratta Paediatric Unit.

There will be loads of entertainment to keep the kids busy but registration is a must!

Hunting baskets will be provided so no BYO. This means everyone gets an equal amount and no one misses out.

Food and drink will be available to purchase but you're welcome to bring a picnic and join in the fun!



 Register here

In the community



As part of the workshops NESAY brings to you “Connecting the lines through cartooning with SPLATOONS Cartoon Shop”

This workshop aims to increase confidence, family connections and communication strategies through the use of cartooning.

For more information and to register: <https://www.eventbrite.com.au/e/connect-the-lines-cartoon-workshop-family-sessions-tickets-535353465627>

For additional workshops apart of the Spotlight on you series visit: <https://www.eventbrite.com/cc/spotlight-on-you-1702029?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

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 Email: sarah.russell@awahs.com.au
 Youth Resilience Peer Worker: Chloe Sargeant
 Email: chloe.sargeant@awahs.com.au
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Bookings through College Office (03) 5752 1596

Dates:
 Thursday 30th March
 Friday 31st March
 Saturday 1st April

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Prince Street, 3737

\$5 - All concessions
 \$10 - Adult
 \$30 - Family (5 Seats)

Myrtleford P12 College is a Child Safe School.
 All our Child Safe policies can be accessed on the College website.
<http://www.myrtlefordp12.vic.edu.au>

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- Our fortnightly newsletter is available for your enjoyment:**
- **On the Skoolbag app** available on Android and Apple devices. (Where you can also enjoy notifications about school related information, and access to parent forms)
 - **On the College website** at <http://www.myrtlefordp12.vic.edu.au/>
 - **Via email** (just let the office know and provide a valid email address)
 - **By hard copy** on request



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